



**Dr. Pinnamaneni Siddhartha Institute of Medical Sciences & Research Foundation,  
Chinnaoutapalli, Gannavaram,**

**Time Table for 1st MBBS course- Foundation course**

**Foundation course ( ONE MONTH)**

<b>Sr. No</b>	<b>Subject/content</b>	<b>Hours (MCI)</b>	<b>Hours (Actual)</b>
1	Orientation	30	30 +12
2	Skills Module	35	35
3	Field visit to community health centre	8	8
4	Professional Development including ethics	40	40
5	Sports and Extracurricular activities (ECA)	22	14 - Sports
			08 – ECA
6	Enhancement of language/ computer skills	40	40
Total Hours		175	175



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Time Table for 1st MBBS FOUNDATION COURSE: ORIENTATION PROGRAM- 30 HRS.

TIME	DAY-1	DAY-2	DAY-3	DAY-4	DAY-5	DAY-6
08:00- 09:00 AM	Introduction program to MBBS Program. University rules regarding exams & attendance	The medical profession, Professional qualities & roles of a physician	Introduction to Medical Ethics, Humanities	Career pathways & personal growth	Learning strategies, Pedagogy, peer assisted learning, assessment driven learning.	Introduction to research
09:00- 10:00 AM	The MBBS program Phase-1	History of medicine Health care system & delivery	Attitudes & Professionalism	Time & stress management	Self-directed learning, community based learning	
10:00- 11:00 AM	Welcome speech Director General, Principal, Medical Superintendent	National health Programs & policies.	Universal precautions & vaccination. Patient safety & biohazard safety	Group dynamics	Simulation based learning, learning from patients and other health care team	Use of library/ online resources
11:00- 12:00 PM	Rotation among departments: A- 1- 25, B- 26-50, C- 51-75, D- 76-100, E- 101-125, F-126-150.					
12:00- 01:00 PM						
01:00- 02:00 PM	LUNCH					
02:00- 03:00 PM	The MBBS program Phase-2	Communication & interpersonal relations	Mentorship program	Documentation of medical records	Being a medical student keen observation is key to success	Orientation to community & health care workers.
03:00- 04:00 PM	The MBBS Program Phase--3	Introduction to alternate health care systems		Communication with patients and families. Need based access to learning language.	Commitment to life long learning as an important part of physicians' growth	Gender sensitivity in medical profession

	ANAT/ PHYSIO	BIOCHEMISTRY/ COMMUNITY MEDICINE/ FORENSIC MEDICINE	PATHOLOGY/ PHARMACOLOGY/ MICROBIOLOGY	MEDICINE/ PAED/ CHEST/ RADIOLOGY	SURGERY/ ENT/ GYNAECOLOGY	SUPERSPECIALITY/ ORTHO/ OPHTHOMOLOGY
DAY-1	A	F	E	D	C	B
DAY-2	B	A	F	E	D	C
DAY-3	C	B	A	F	E	D
DAY-4	D	C	B	A	F	E
DAY-5	E	D	C	B	A	F
DAY-6	F	E	D	C	B	A



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FOUNDATION COURSE: SECOND WEEK.

TIME	DAY-7	DAY-8	DAY-9	DAY-10	DAY-11	DAY-12
08:00- 09:00 AM	Basic life support/ First Aid/ Stress & time management/ Field visit Rural health center/ Save environ visit/ : A- 1- 25, B- 26-50, C- 51-75, D- 76-100, E- 101-125, F-126-150.					
09:00- 10:00 AM						
10:00- 11:00 AM						
11:00- 12:00 PM						
12:00- 01:00 PM						
01:00- 02:00 PM	LUNCH					
02:00- 03:00 PM	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language
03:00- 04:00 PM	SPORTS	SPORTS	SPORTS	SPORTS.	SPORTS	SPORTS

	Basic life support	First Aid	Stress & time management skills	Field visit Rural health center	Save environ visit	Research, Statistics and documentation
DAY-7	A	F	E	D	C	B
DAY-8	B	A	F	E	D	C
DAY-9	C	B	A	F	E	D
DAY-10	D	C	B	A	F	E
DAY-11	E	D	C	B	A	F
DAY-12	F	E	D	C	B	A



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FOUNDATION COURSE: THIRD WEEK.

TIME	DAY-13	DAY-14	DAY-15	DAY-16	DAY-17	DAY-18
08:00- 09:00 AM	Learning skills/ Safety measures & fire safety/ Advancing human health through Engagement/ Urban health center/ Extracurricular activity/ Leadership skills Rotation among workshops: A- 1- 25, B- 26-50, C- 51-75, D- 76-100, E- 101-125, F-126-150.					
09:00- 10:00 AM						
10:00- 11:00 AM						
11:00- 12:00 PM						
12:00- 01:00 PM						
01:00- 02:00 PM	LUNCH					
02:00- 03:00 PM	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language	Computer skills/ Language
03:00- 04:00 PM	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS

	Learning skills/	Safety measures & fire safety	Advancing human health through Engagement	Urban health center	Extracurricular activity	Leader ship skills
DAY-13	A	F	E	D	C	B
DAY-14	B	A	F	E	D	C
DAY-15	C	B	A	F	E	D
DAY-16	D	C	B	A	F	E
DAY-17	E	D	C	B	A	F
DAY-18	F	E	D	C	B	A

